

COORDINATED SYSTEM OF CARE LONG TERM SERVICES & SUPPORTS



Presented by:
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Aging & Independence Services



Independence

Call Center/ADRC

Dependence

RSVP, Veterans
Health Promotion
Info & Assistance
Outreach & Education

Senior
Dining &
Home-
Delivery

Care Mgmt
Adult Day Care
Caregiver Support
Care Transitions

IHSS

APS
Ombudsman
Project Care
PA/PG/PC
Senior Team

Intergenerational



AGING & INDEPENDENCE SERVICES

COUNTY OF SAN DIEGO ■ HEALTH AND HUMAN SERVICES AGENCY

LONG TERM CARE INTEGRATION PROJECT

- 1999 - Long Term Care Integration Project (LTCIP)
- Today - over 800 Stakeholders
- Established Mission, Vision, Goals
- Three Strategies



What is an Aging & Disability Resource Connection (ADRC)?

Trusted source of comprehensive, objective information, counseling, and assistance that empowers consumers regardless of the source of financing (Med-Cal, Medicare, private insurance, federal or state-funded programs or consumer fees) to meet their personal goals for health and independence by;

- Information about LTSS
- Referrals to LTSS
- Care Coordination



AIS' Role in CCI/Cal MediConnect

In-Home Supportive Services (IHSS)

- County executed an MOU with the Health Plans to support the provision of IHSS as a managed care benefit.

Multi-purpose Senior Services Program (MSSP)

- County executed a contract with Health Plans for the provision of MSSP Waiver Services to Plan Members.



In-Home Supportive Services (IHSS)

What is the In-Home Supportive Services (IHSS) Program?

The IHSS program allows low income individuals that have been determined eligible to remain safely in their own home and avoid out-of-home placement.

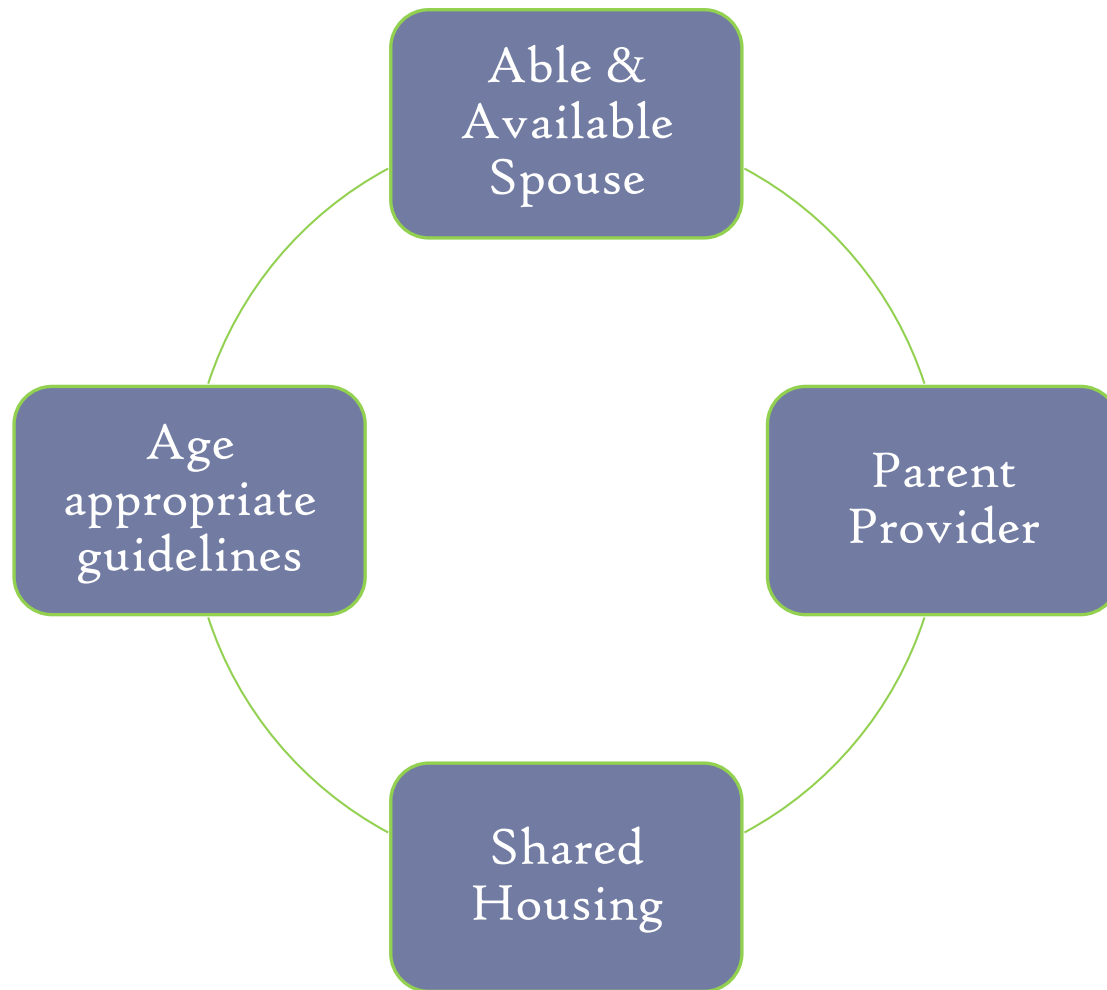


Eligibility Requirements

- IHSS is intended for individuals who are low-income, elderly, blind, or disabled and require help with activities of daily living (ADL).
- Certification from a healthcare professional stating:
 - IHSS is the only way to avoid out-of-home placement.
 - One or more ADL(s) cannot be performed independently.



Factors that may affect eligibility



Types of services IHSS can provide

Domestic & Related

- Light housecleaning
- Meal preparation
- Meal clean up
- Laundry
- Shopping
- Errands

Personal Care

- Bathing & grooming
- Dressing
- Bowel & bladder care
- Ambulation & transfer
- Feeding

Who can provide IHSS?

- Relatives
- Neighbors
- Friends
- Church members
- Public Authority Registry Care Provider



Public Authority (PA)

The PA is an agency that provides services including:

- Operating a no cost registry that recruits and screens care providers willing to work for IHSS recipients.
- Providing training to recipients and providers.
- Conducting home visits with high-risk/hard to serve recipients.
- Providing payroll services and operating a related Call Center.
- Handling employment verification and worker's comp.

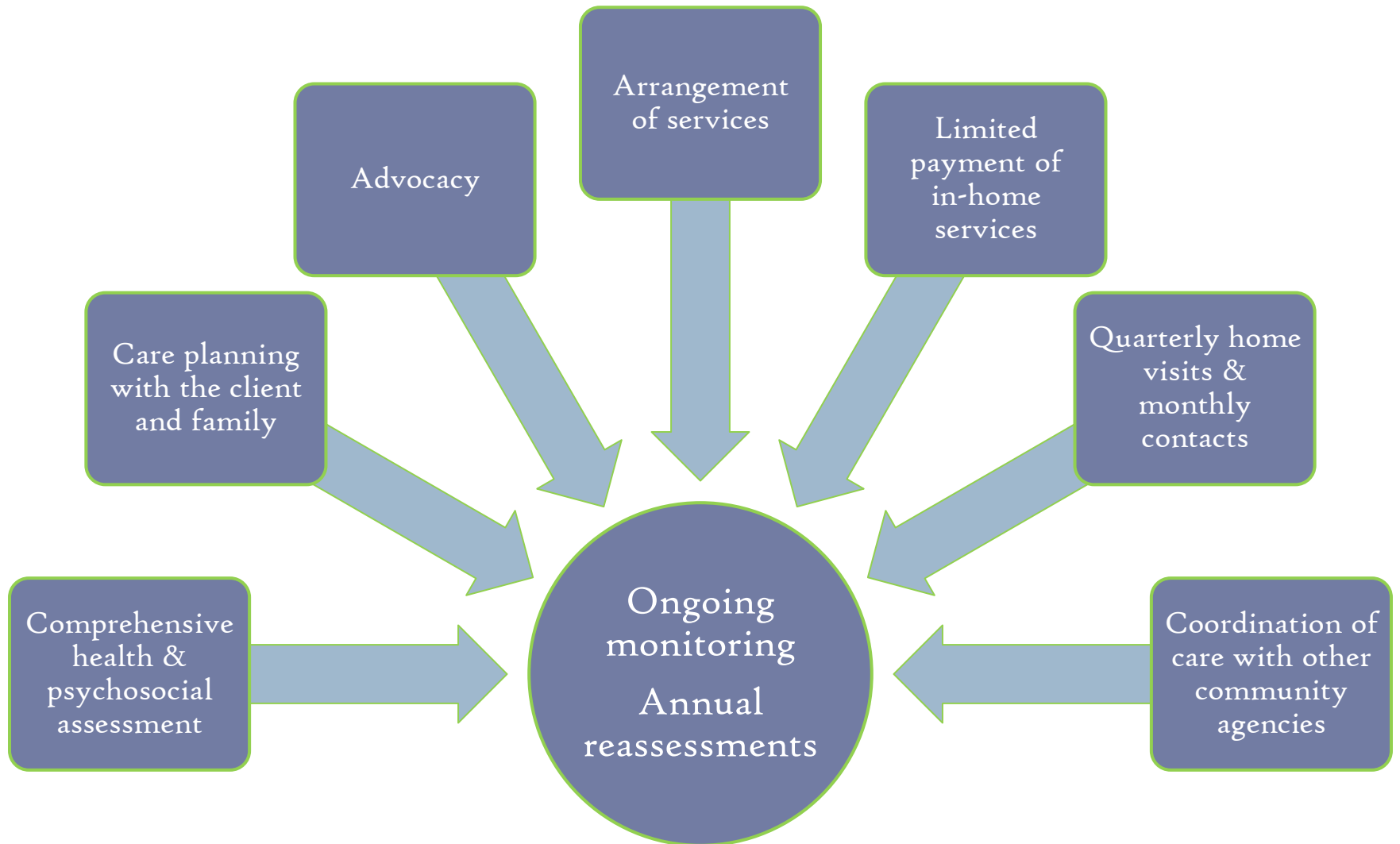
www.sdihsspa.com

1-866-351-7722



Multi-Purpose Senior Services Program (MSSP)

MSSP Services



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Community Based Adult Services (CBAS)

Community Based Adult Services

- CBAS is a Medi-Cal Managed Care benefit available to eligible Medi-Cal beneficiaries enrolled in Medi-Cal Managed Care.



CBAS Services

Home-and community-based plan benefits include;

- In-home & out-of-home respite
- Nutritional assessment
- Counseling
- Minor home or environmental adaptations
- Habilitation
- Other services deemed necessary by the managed care health plan

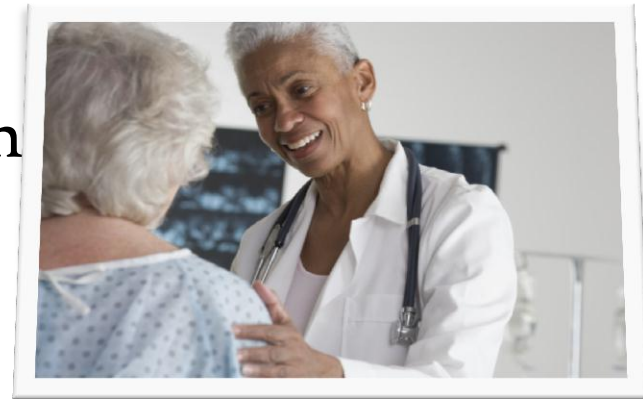




Nursing Home Care

Nursing Home Care

- Health plans will work with people receiving care in a nursing home to ensure their care is not interrupted and that they receive coordinated care.
- Residents will have a right to stay in their current nursing home.
- Residents can ask their health plan about getting help to return to the community.



Questions?

CALL

**Health Insurance Counseling & Advocacy Program
(HICAP)**

858-565-8772

Consumer Center for Health Education & Advocacy

877-734-3258